TELL ME MORE

and start from the beginning...

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This information is intended for educational purposes.

AGENDA: Review Universal Order

01 SOUND

02 VIBRATION

03 ELECTRICITY

04 LIGHT

05 ALL MATTER

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First, we had SOUND...



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From sound, there was VIBRATION...



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Vibration created ELECTRICITY...



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Electricity creates LIGHT...



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From light, there is ALL MATTER...



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"

Cool! What does that have to do with

flow therapy vermont **or** interactive metronome ?

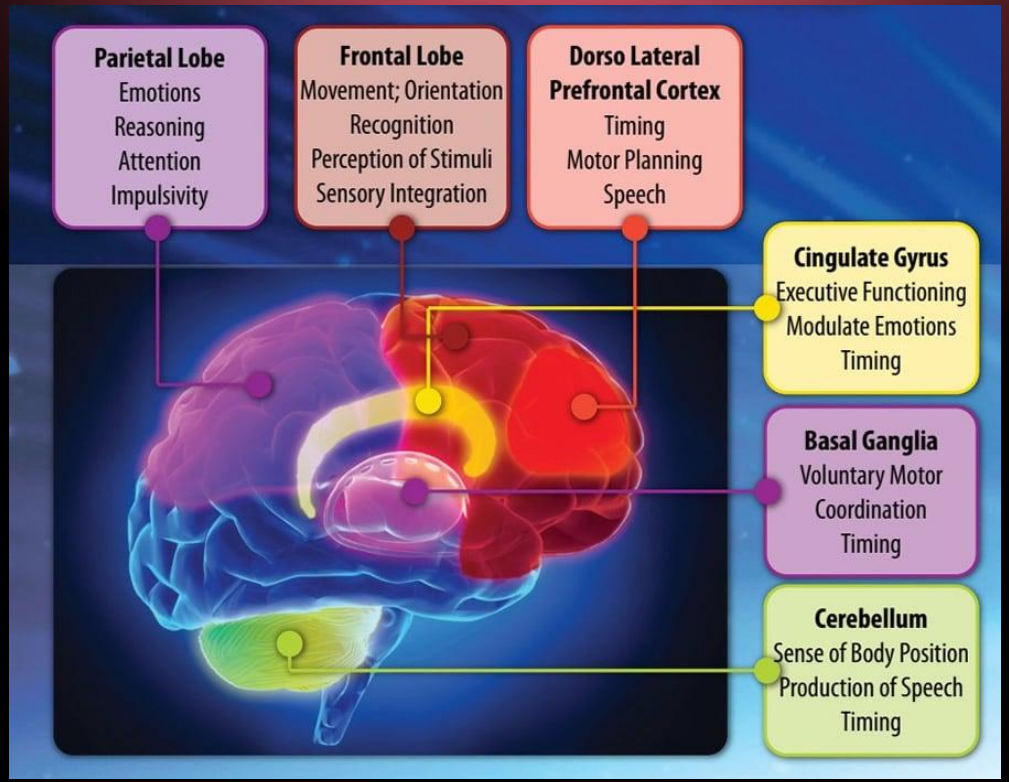
As you attune your inner rhythm to *metronomic sound* through repetition and motor patterning, we light up new neural pathways in the brain.

Expanding your capacity to focus, respond and plan.



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Brain Activation during Interactive Metronome® Training



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If you want to improve your ability to manipulate MATTER for example:

- ❑ Organization
- ❑ Executive functioning
- ❑ Sequencing and Prioritizing
- ❑ Handwriting
- ❑ Small clasps and buttons
- ❑ Balance
- ❑ Coordination
- ❑ Athleticism
- ❑ Gait









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If you want to improve your ability to navigate LIGHT for example:

- ❑ Visual Processing (Reading)
- ❑ Visual Recall (Memory)
- ❑ Visual Attention (Filtering Distractions)
- ❑ Visual Scanning & Tracking
- ❑ Depth Perception
- ❑ Figure Ground





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If you want to improve your ability to regulate ELECTRICITY...

- ❑ heart rate
- ❑ breathing
- ❑ digestion
- ❑ emotional processing and regulation
- ❑ cognitive processing
- ❑ addiction triggers
- ❑ sleep



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Attune to SOUND first!
Remember, sound is primordial.
It is the foundation of all time, space & matter.



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At Flow Therapy Vermont we help individuals across the lifespan

toddlers • children • adolescents • adults • elders

improve

- Executive Functioning
- Attention & Focus
- Emotional Regulation
- Mood & Rhythm
- Balance & Coordination
- Timing & Processing

train for a flow state.

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Proven Results for a Wide Range of Conditions

- ADD/ADHD
- Autism Spectrum Disorder
- Sensory Processing Disorder
- Executive Dysfunction
- Mood & Adjustment Disorders
- Chronic and Acute Stress Disorders
- Learning Disabilities
- Developmental Delays
- Communication Delays
- Auditory Processing Disorder
- Dyslexia
- Decision Making, Behavior & Impulse Control
- Timing & Processing Speed
- Academic & Athletic Performance
- Sensory Sensitivity & Triggers
- Emotional Regulation & Wellness
- Sleep & Digestion Disturbances
- Balance & Gait Symmetry
- Concussion & Injury Recovery
- Brain & Spinal Cord Injuries
- High Blood Pressure
- COPD
- Cerebral Palsy
- Dementia and Alzheimers
- Multiple Sclerosis
- Stroke
- Parkinson's
- Amputation

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references available upon request



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